

5 step guide to connecting with objects with Dre Spisto

Step 1: Acknowledge that you already have some favourite objects in your home some easy ones may include: radiators, kettles, tea cups, Plants (living objects), pens etc..

Step 2: Come together with said object and observe what you like about it? Is it its service? Is it its shape? Its weight?

Step 3: how does it care for you? Does it fan you? Keep you warm? Write for you?

Step 4: If this object had a voice what would it sound like? What would its perspective be?

Step 5: If this object had a piece of advice what would it be?

